[Insert Title]

[Insert author’s name(s)][[1]](#footnote-1)\*

[1 Introduction 1](#_Toc467921048)

[2 Insert Heading 2 4](#_Toc467921049)

[3 Insert Heading 3 9](#_Toc467921050)

[4 Insert Heading 4 11](#_Toc467921051)

[5 Insert Heading 5 12](#_Toc467921051)

[6 Conclusion 23](#_Toc467921052)

[Abstract within 150 words]

# Introduction

[Insert text]

# [Insert Heading - Capitalize Nouns]

[Insert text]

## [Insert sub-heading as and when required, using a captial letter at the beginning of the first word only]

[Insert text][[2]](#footnote-2)

[Insert text][[3]](#footnote-3)

## [Insert sub-heading as and when required, using a captial letter at the beginning of the first word only]

[Insert text]

[Insert text]

#  [Insert Heading - Capitalize Nouns]

[Insert text]

‘[full quote paragraph: single quotation mark, double quotation mark for quotes inside the quotes, no italic, indentation both sides 1,27cm]’

[Insert text]

[Insert text]

## [Insert sub-heading as and when required, using a captial letter at the beginning of the first word only]

[Insert text]

### [Insert sub sub-heading as and when required, using a capital letter at the beginning of the first word only]

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[Insert text]

# [Insert Heading - Capitalize Nouns]

[Insert text]

# [Insert Heading - Capitalize Nouns]

[Insert text] ■

1. \* [Insert details of author]. [↑](#footnote-ref-1)
2. [Foote Note text size 9 point. Insert footnote: Author’s Full Name, Article Full Title, Publishing Year, Publisher, at p. page number]. Please seek our VJ Style Guidelines for details. [↑](#footnote-ref-2)
3. Footnote. [↑](#footnote-ref-3)